Seed Starting Tables

Type of plant	Number of weeks before last spring frost date to start seeds indoor	Earliest date to transplant hardened off seedlings outside relative to last spring frost date
Basil	5	1 week after
Broccoli	6-8	2 weeks before
Cabbage	8-10	4 weeks before
Cauliflower	6-8	2 weeks before
Cucumber	2-3	1-2 weeks after
Eggplant	6-8	2-3 weeks after
Kale	8-10	4 weeks before
Lettuce	7-8	3-4 weeks before
Melon	1-2	2 weeks after
Onion	10-12	4 weeks before
Parsley	10-12	2-3 weeks before
Pepper	6	2 weeks after
Pumpkin	1-2	2 weeks after
Squash	1-2	2 weeks after
Swiss Chard	6-8	2 weeks before
Tomato	6-8	1 week after

Seed Starting Tables

Table 2: Outdoor Direct Seeding Table

Type of plant	Earliest date to direct sow seeds relative to last spring frost date	
Beans	On last frost date	
Basil*	1 week after	
Beets	2-4 weeks before	
Carrots	2-3 weeks before	
Cilantro	1-2 weeks before	
Corn	On last frost date to 1 week after	
Cucumber*	1-2 weeks after	
Dill	1-2 weeks before	
Lettuce*	3-4 weeks before	
Melon*	2 weeks after	
Peas	6 weeks before	
Pumpkin*	2 weeks after	
Radish	4-6 weeks before	
Spinach	4-6 weeks before	
Swiss Chard*	1-2 weeks before	
Squash	2 weeks after	

^{*}may also be started early indoors; see Table 1