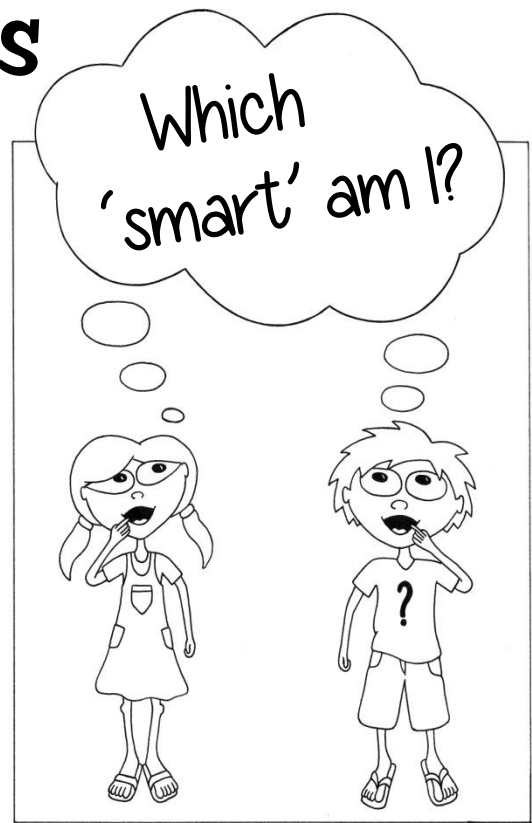# Multiple Intelligences

Name:

Everybody is different. **In every person, there are stronger parts of our intelligence and there are areas that we can choose to improve.** Today you're going to find out more about yourself and how you can use this information.

1. Read the sentences in each section.
2. In each section, find the sentence that sounds most like you. Put a tick in the box beside it. Tick only <u>ONE</u> box.
3. Once you have ticked the boxes, count which number you have used most often.
4. On the bottom of the second page, you'll see an answer key that will show you how to work out your strongest intelligence and how you like to learn.

You can use this information to decide to work on making another intelligence stronger if it is not very strong right now. Your strengths can be improved and can change over time.

1

1. I really enjoy reading. ☐
2. I like to learn step by step. ☐
3. I like drawing and painting. ☐
4. I enjoy sport. ☐
5. I am happy when I am singing or making music. ☐
6. I really like being with other people. ☐
7. I enjoy working on my own. ☐
8. I like to spend most of my time outside. ☐

2

1. I find it easy to write stories and poems. ☐
2. I enjoy solving problems. ☐
3. I enjoy making models. ☐
4. I like working with my hands. ☐
5. I enjoy listening to music. ☐
6. I enjoy helping others. ☐
7. I like to think things through in my mind. ☐
8. I enjoy looking at differences between species of plants and animals. ☐

3

1. I know the meanings of many words. ☐
2. I like to explain how things work. ☐
3. I enjoy using pictures and diagrams to learn. ☐
4. I understand better when I do "hands on" activities. ☐
5. I enjoy music lessons. ☐
6. I like meeting new people. ☐
7. I keep a diary. ☐
8. I like to be outside and be with animals.

4

1. I enjoy crosswords and word searches. ☐
2. Working with numbers is fun. ☐
3. I can see the finished product in my mind. ☐
4. I really like acting. ☐
5. I play a musical instrument. ☐
6. I really enjoy playing sport in a team. ☐
7. I often reflect on how well I'm doing. ☐
8. I really enjoy gardening.

5

1. I like telling stories, jokes and riddles. ☐
2. I like setting up science experiments. ☐
3. Colour is important to me. ☐
4. I like to move around a lot when I am working. ☐
5. I sometimes make up my own songs. ☐
6. I have lots of friends. ☐
7. I like to think about how I feel. ☐
8. I am happiest visiting natural habitats. ☐

6

1. I enjoy making speeches and giving lectures. ☐
2. I am happy when things seem logical. ☐
3. I can draw maps from memory. ☐
4. I have good co-ordination skills. ☐
5. I often tap my feet or fingers to various rhythms. ☐
6. I have good ideas for classrooms. ☐
7. I often wonder what other people are thinking. ☐
8. I often think about how I can help save endangered animals. ☐
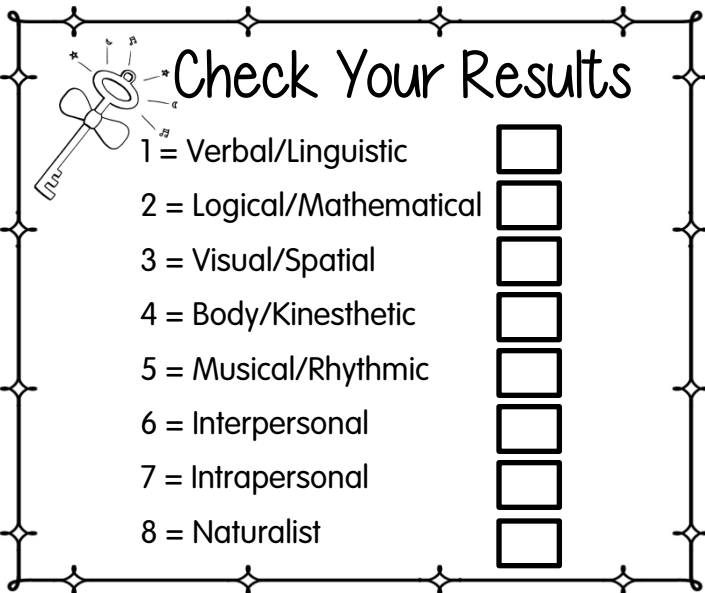
7 My favourite TV shows:

1. Have clever or funny scripts. ☐
2. Are documentaries or true stories. ☐
3. Include art and craft presentations. ☐
4. Are sport shows. ☐
5. Are video clips. ☐
6. Are "soapies" or reality shows. ☐
7. Are lifestyle shows. ☐
8. Are shows about animals or our planet. ☐

8 My favourite present is:

1. A book. ☐
2. A board game or brain training game. ☐
3. A jigsaw puzzle or craft activities. ☐
4. Some sports equipment. ☐
5. A CD or a ticket to a musical show. ☐
6. An outing with my friends. ☐
7. A book on how to improve myself. ☐
8. Items to use to explore nature. E.g. butterfly nets, aquariums, ant farms ☐

9 My favourite time at school is when we have:

1. English ☐
2. Maths or Science ☐
3. Art ☐
4. Sport (P.E.) or Drama ☐
5. Music ☐
6. Group Work (I like to work with a team) ☐
7. Individual Work (I like to work on my own) ☐
8. Lessons on Earth, Space or Living Things ☐

Check Your Results

1 = Verbal/Linguistic ☐
2 = Logical/Mathematical ☐
3 = Visual/Spatial ☐
4 = Body/Kinesthetic ☐
5 = Musical/Rhythmic ☐
6 = Interpersonal ☐
7 = Intrapersonal ☐
8 = Naturalist ☐

Learn more about Howard Gardner's Theory of Multiple Intelligences at HowardGardner.com

You need to look back at your answers. How many times did you tick the box beside 1? Write it in the box beside 1 in the Check Your Results box. Do this for each of the 8 boxes. Which has the most? This is your strongest and most preferred intelligence.

My strongest intelligence is _____